



Disclosure of Services

Alternative Options

Alternative Options is a full-service Placement Service that helps match the individual care needs of Client looking for Supportive Housing source like Assisted Living facilities or Adult Family Homes. We primarily concentrate our services in the Clark County area. Our goal is to help Clients find reputable Providers in both Supportive Housing settings that are capable of meeting all your care needs both now and into the foreseeable future.

We start out by utilizing our Five Step approach. Preliminary Medical Evaluation, review of Financial Constraints, Starting the Search, Move-In Process & Follow Up.

Whether you're considering a move to an Independent Retirement Supportive Housing (IL), Assisted Living (AL) or Adult Representative Home (AFH) we are here to relieve the strain.

The owner of *Alternative Options* does own and operate an AFH and may on occasion show it, but otherwise their employees, owners and officers are not considered Providers and will not be liable or responsible for the acts or omissions of the various Providers that we may tour.

Client and/or Representative

It is very important that we work openly and honestly together for the Clients sake and that all known information be revealed up front. Otherwise the placement may not be as accurate as the Supportive Housing Providers are expecting.

If the Client or their Representative have contracted with any other Placement Service in the past three (3) months it is important to tell us this information.

If there are specific Supportive Housing that you would like to visit, please let us know prior to contacting any of the Supportive Housings yourself.

With so many options available, it is our responsibility to help narrow that search down for. The final decision for what Supportive Housing is chosen is the Clients and Representative.

Our Clientele

We serve two types of clients. Our first and primary responsibility lies with helping Clients and their Representatives find an appropriate Supportive Housing or in-home care.

Our second role is helping Supportive Housing to fill their vacant apartments. We partner with Independent Living, Assisted Living, and Adult Representative Homes. Keeping Supportive Housing full with Clients can be challenging for many Providers.

It is very important to us that we match your loved one to the right Supportive Housing.

Prior to Moving Requirements

Before moving to a Supportive Housing, an assessment by a Registered Nurse is required by WA State Law (WAC - Washington Administrative Code).

If you're moving to an Assisted Living (AL) they will have their own Nurse do the Assessment. In some cases, Nurse Delegation may also be required and the RN will Delegate all necessary tasks to their Medication Aids.

If you're moving to an Adult Family Home (AFH) they will require you to get an Assessment by a Qualified Nurse Assessor and provide the results of that Assessment to them. Cost varies but is around \$400 for the Assessment. The cost of the initial and ongoing annual Assessment is usually paid by the Client. Nurse Delegation may also be required and the Assessing RN may also Delegate all necessary tasks to the AFH Provider. Delegation is to be updated every 90 days and the cost is borne by the Client. Costs varies. Should you need, we can connect you with a Qualified Nurse Assessor/Delegator who is in the practice of doing Assessments and Nurse Delegations.

Supportive Housing Provider database information:

1. The Supportive Housing must be licensed and show proof of licensing by DSHS. We keep a copy of the license on file.
2. The Supportive Housing must have no current citations. We check the DSHS web site frequently & before any placements.
3. The Supportive Housing must have the required Certifications to provide care. Example, Dementia, Mental Health or Developmental Disabilities Certificates are required prior to admitting any Client with the primary diagnosis of any of the three. The Supportive Housing must also have First Aid/CPR, Nurse Delegation, Food Handlers as well.
4. It is preferred that the Supportive Housing also be a member of WHCA - Washington Health Care Association or AFHC - Adult Family Home Association.
5. We personally will visit each Supportive Housing annually.

Alternative Options does not regularly tour each of the hundreds of Providers with whom we may have contracts with. However, we will tour them with you.

Confidential Health Information (CHI)

We take the protection of your Confidential Health Care Information seriously. We will need your signed Authorization to Obtain and Release your Confidential Health Information to Supportive Housing Providers that we will be personally contacting and visiting.

In order to properly assist you in your search, we may be required to share some CHI with the Providers that we set up tours with. We will keep as much CHI private as possible.

Client CHI information:

1. Current Living Arrangement
2. Recent Medical History and Physical condition (H&P)
3. List of Medications
4. Medical Diagnosis, health concerns and the reasons for seeking care

5. Medication Administration requirements including Self-Medication Administration and Nurse Delegation (if needed)
6. Food and other Allergies
7. Significant known behaviors or symptoms that require special care
8. Cognitive/Mental Status, memory impairment
9. History of Depression or Anxiety
10. History of Mental Illness
11. Social/Physical/Emotional/Cultural needs
12. Functional ADL's; Eating, Toileting, Walking, Transferring, Positioning, Personal Hygiene, Dressing, Bathing, Sleeping Habits, Housekeeping, Laundry and Transportation.
13. Personal Preferences
14. Activities of choice
15. Preferred for area of town
16. Financial Sources, Social Security, Retirement, Pension, LTC Insurance, VA Disabilities, VA A/A, Real Estate, Life Insurance, Investments, other
17. Monthly Expenses, Medical Insurance, Doctor bills, other
18. Type of Long Term Care setting i.e. Independent Living, Assisted Living or Adult Representative Home.

Fees, Charges and Refunds

Typically, there is no cost to the Client or their Representative for our service. *Alternative Options* holds contracts with Supportive Housing Providers who agree to compensate us when you make your choice for their Community. The Supportive Housing Providers pays our fee from their Marketing Budgets.

Our fee to these Providers is a percentage of the first month's charges. Hospice or Respite fees are a reduced percentage of the first month's charges.

Payment is made by the receiving Supportive Housing in up to four installments over 120 days if they desire. If for **any** reason, you or your loved one stays less than 90 days, the fee is converted and reduced to the Hospice/Respite Fees and any fees paid in excess are prorated and refunded to the Supportive Housing Provider. If you have questions about any of our fees, please don't hesitate to ask.

To qualify for our Free Service, the Client seeking care must be able to pay privately for at least 12 months.

Medicaid Residents and their Representatives

On occasion, *Alternative Options* may be available for hire for Consulting for Medicaid Representatives or Clients having less than 12 months' private funds. Our consulting rate is \$100 per hour and we ask for the first 6 hours up front. We have a Memo of Understanding for you to sign for our Consulting service.

Canceling Services and Good Business Practices

Following good business practices, we request that if you desire to work with more than one Placement professional you notify us up front or at the earliest possible time.

That way there is no question as to which particular Placement Service is responsible for the actual placement of the Client and who should be paid for their services.

You and your Representative or representatives may at any time, without cause, stop using our services or switch to another agency without penalty or a cancellation fee. At no time, will we ask or require you to sign waivers of liability or waivers of rights.

Free Moving Service

Alternative Options is available to assist with the actual move to the new Supportive Housing. The items need to be boxed up and ready to go. We will transport only what is going to the Supportive Housing as a part of our Free services. Example: bed, dresser, chair, TV, lamps, personal items (already boxed up).. If the Client or their Representative needs assistance moving additions things elsewhere, that would fall under a separate Contract.

WAC and RCW Requirements

Alternative Options complies with the WAC and RCW governing Placement Services. For consumer complaints about a referral agency contact the Attorney General's office:

1-800-551-4636, 800 5th Ave. Ste. 2000 Seattle, WA 98104
<https://fortress.wa.gov/atg/formhandler/ago/ComplaintForm.aspx>

I acknowledge that I received, read and understand this Disclosure Statement:

Printed name of Client: _____

Authorized Representative Signature: _____ Date: _____

Printed Name of Authorizing Representative: _____

Relationship to Client: Self Power of Attorney Representative Spouse:
 Guardian Guardian ad litem Other

This form can be returned to *Alternative Options* in one of the following ways:

1. Electronically sign a copy from the web site
2. Email a signed copy to: info@alt-optns.com
3. Fax a signed copy to fax number: 360.984.5713
4. Mail a signed copy to: 7510 SE Evergreen Hwy, Vancouver, WA 98664